

# Communication Materials Facilitation Guide

## Addressing Violence in the context of HIV/AIDS

### UPHOLD and Raising Voices

Communication materials are tools that you can use to enhance and focus your training and awareness activities in the community. The materials can:

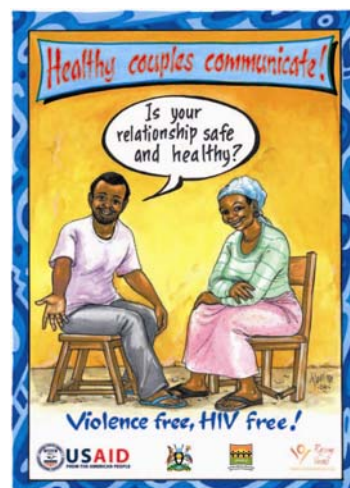
- increase personal reflection and awareness on violence and HIV/AIDS
- deepen understanding and knowledge about violence and HIV/AIDS
- bring private issues into the public domain
- stimulate dialogue among community members about violence and HIV/AIDS
- help focus activities and dialogue facilitation
- role model positive behaviors to community members

#### Healthy Couples Communicate (A4 size)

This material is to be used with small groups of women or men in the community to discuss the idea that the more couples communicate with each other, the healthier and safer that relationship is likely to be. As you will see in this material, the man and woman are seated at the same level. Of course this is not consistent with many of the communities we work in, however it was designed like this to question existing gender roles and also to role model more equitable behavior in relationships. The question posed in the material is designed to stimulate personal reflection and dialogue among couples.

Key questions for discussion for this material include:

- Do husbands and wives in your community sit together to discuss issues? If not, what prevents them from doing so?
- What do we mean by communication? Why is it important?
- What are the important elements in healthy communication?
- Do you communicate with your partner? Why or why not?
- Would you like to communicate more with your partner? If so, how could you start?
- What are the benefits of good communication in relationships?
- What happens in relationships where the couple does not communicate?
- How can better communication reduce domestic violence?
- How can better communication reduce risk for HIV infection?

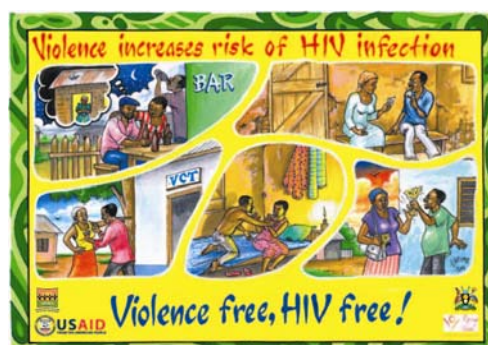


#### Violence Increases Risk of HIV Infection (A4 size)

This material was designed to help community members understand the different behaviors that increases women's risk for HIV infection. It is probably best used in small groups where women and men can spend time looking carefully at the different situations shown and discuss their implications. Many of the behaviors and practices shown in the picture are so common that we no longer think of them as violent or abusive, however, they all show a violation of women's rights. The material is meant to challenge community members to critically think about these practices, identify them as types of abuse, and make the connection between violence and HIV/AIDS.

Key questions for discussion for this material include:

- What do you see in these pictures?
- Are these practices happening in our community?
- Are these practices considered violence? Why or why not?
- How do these situations put women at greater risk for HIV infection?
- What could we do differently in each situation to uphold women's rights to health and safety?
- How is violence related to HIV/AIDS?



### Violence-free, HIV free! It's up to you! (A3 size)

This poster was designed to demonstrate positive choices community member can make to be in violence-free, HIV free relationships. Showing both women and men of different ages and social groups, the poster intends to encourage community members to think of a range of choices they have to stay safe and the benefits of non-violence. Additionally, in this poster, a woman is seen riding a bicycle with her partner on the back, while this doesn't happen in every community, it was included to provide an opportunity for community members to talk about gender roles and how they impact women's choices.

Key discussion points for this material include:

- What do you see in this picture?
- Are women and men in your community making similar decisions? Why or why not?
- Do the beliefs in your community support women and men making decisions together? Why or why not?
- Why is it important for men and women to stick with one partner?
- How is getting tested with your partner reducing risk of HIV infection?
- Can couples decide together when to have sex? Why or why not?
- What are the benefits of talking through problems instead of fighting?
- What would happen if the people in the pictures were not making these positive choices?
- How could we encourage women and men in the community to give more support to couples?
- Do women in your community ride bikes? Why or why not?

